



**Florence Rideout  
Elementary School**  
**Lyndeborough Central School**



**MAY**

We offer 100% Juice, 1% milk, and fat free Chocolate milk :  
 : Each Student must take a Fruit and or a Vegetable for their lunch :  
 You can still order Ice Cream for Birthdays Just let us know 2 weeks in advance

Dont forget about  
Frozen Friday's

For more information please contact  
 Kristie LaPlante 603-732-9174  
 FRES/LCS Site Coord Tammy Smith 603-732 9283  
 WLC Site Coordinator Melodie Jones 603-732-9344  
<https://www.mymealtime.com/>

**LUNCH MENU**  
 Menu subject to change due to product availability

Lunch Prices Student \$3.00  
 Milk or Juice alone \$.50  
 Reduced: \$.40  
 Adult Lunch \$4.00  
 A la cart items available Prices vary  
 Meal benefits do not apply

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <div>Hot Dog WG Bun Baked Beans Carrots Sticks Mayo Packet Mustard ORANGE Milk</div>	<div>2</div> <div>WG Pasta with Marinara Sauce Parmesan Grated Garden Salad Italian Dressing Applesauce Milk</div>	<div>3</div> <div>Fish sandwich WG Bun Cheese Coleslaw Tartar Sauce Packet Ketchup Banana Milk</div>	<div>4</div> <div>Pizza Garden Salad Italian Dressing Mixture of Fresh Fruit Milk</div>	<div>5</div> <div>Ham Wrap Turkey Wrap Cheese Mayo Packet Mustard Sunbutter&amp;Jelly WG bread Cucumber Cup Ranch dressing Mixed Fruit Milk</div>
<div>8</div> <div>Tomato Soup and Grilled Cheese SandwichWG Banana Milk</div>	<div>9</div> <div>Chili Seasoned Beef &amp; Beans Biscuit Shredded Cheddar Cheese Sour Cream RF Apple Milk</div>	<div>10</div> <div>Seasoned Pulled Pork Taco On the Fly WG Tortilla Chips Romaine Lettuce Salsa Sour Cream RF Shredded Cheddar Cheese ORANGE Milk</div>	<div>11</div> <div>Pizza Garden Salad Italian Dressing Mixture of Fresh Fruit Milk</div>	<div>12</div> <div>Ham Wrap Turkey Wrap Cheese Mayo Packet Mustard Sunbutter&amp;Jelly WG bread Cucumber Cup Ranch dressing Mixed Fruit Milk</div>
<div>15</div> <div>Chicken Caesar Wrap WG Tortilla Romaine Lettuce Seasoned Chicken Shredded cheese Caesar Dressing Sliced Peppers Apple Milk</div>	<div>16</div> <div>Mac &amp; Cheese WG pasta WG Pasta with Cheese Sauce Seasoned Carrots Peaches Milk</div>	<div>17</div> <div>Deli Sandwich Bar WG Sub Roll Ham &amp; Cheese Sandwich Turkey and Cheese Italian Cheese Lettuce, Tomato, Onion Pickles, Intl. Dressing Mixed Fruit Milk</div>	<div>18</div> <div>Pizza Garden Salad Italian Dressing Mixture of Fresh Fruit Milk</div>	<div>19</div> <div>Ham Wrap Turkey Wrap Cheese Mayo Packet Mustard Sunbutter&amp;Jelly WG bread Cucumber Cup Ranch dressing Mixed Fruit Milk</div>
<div>22</div> <div>Turkey Salad Wrap WG Tortilla Shredded Cheddar Cheese Seasoned Turkey Colossal Crinkle Fries Mayo Packet Ketchup Orange Half Milk</div>	<div>23</div> <div>Fruit Parfait BREAKFAST FOR LUNCH Strawberries Banana WG Muffin 2oz String Cheese Carrots Sticks Ranch dressing Milk</div>	<div>24</div> <div>Chicken Bowl Popcorn Chicken Corn Potatoes Chicken Gravy Peaches Milk</div>	<div>25</div> <div>Pizza Garden Salad Italian Dressing Mixture of Fresh Fruit Milk</div>	<div>26</div> <div>NO SCHOOL Teacher Workshop Day</div>
<div>29</div> <div>Memorial Day No school</div>	<div>30</div> <div>Chicken WG Noodle Soup Garden Salad Italian Dressing ORANGE Milk</div>	<div>31</div> <div>Baked Potato Bar Bacon Crumbles Shredded Cheddar Cheese Butter Sour Cream RF Salsa Broccoli Chili Peaches Milk</div>		

Garden Salad Consist of:  
Romaine lettuce Carrots Cucumbers  
Tomatoes, Peppers, Chickpeas, Italian Dressing  
Chicken choices: Teriyaki, Crispy, Italian, BBQ, Mandarin Orange

**This Institution is an Equal Opportunity Provider**